

# **Infant Stool Colour Card**

ሕብራዊ ካርድ ድኳ ሕጻናት



ዘይልሙድ ሕብርታት ድኳ

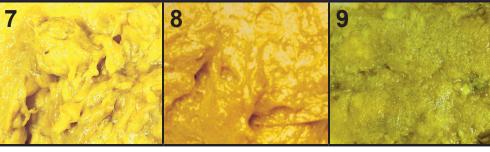


Consult the physical version of this card for greater colour accuracy. ዝያዳ ልክፅነት ምእንቲ ኺህልወኩም ነቲ ግኡዝ ሕታም እዛ ካርድ እዚኣ ኣማኽሩዎ።



# NORMAL Stool Colours

ልሙድ ሕብርታት ድኳ



# **INSTRUCTIONS**

Check your baby's stool (poop) colour every day for the first month after birth to screen for biliary atresia.

If your baby has an abnormal stool colour (see above colours 1,2,3,4,5,6), please <u>contact Newborn Screening Ontario</u> by phone or email or by scanning the QR code below.

# <u>መምርሒታት</u>

አብታ ኻብ እትውለድ-ዲ ድሕሪ ምውላድኩም ዝነበረት ቀዳመይቲ ወርሒ ኣብ ነፍሲ ወከፍ መዓልቲ ንሕብሪ ድኳ ውሉድካ ርኣዩዎ።

ውሉድካ ዘይልሙድ ሕብርታት ድኳ እንተ ኣልይዎ (ኣብ ልዕሊ ሕብርታት 1,2,3,4,5,6 ርኣዩዎ) በጃዥም ምስ ናጽላ ምርመራ (ኒውባርን ስከሪኒንግ) አንታርዮ ብተሌፎን ብኢ-መይል ወይ ነቲ ኣብ ታሕቲ ዘሎ ኮድ QR ስካን ብምባባር ተራኸበ።

Phone / ተሌፎን: 1-833-POOP-CHK

(1-833-766-7245)

Online / ኣብ መስመር : www.newbornscreening.on.ca/poop

Email / ኢ-መይል : NSOBA@cheo.on.ca







# When identification and treatment start early, babies with biliary atresia can have a better chance to grow and develop normally.

### What is biliary atresia?

Biliary atresia (BA) is a rare but serious disease where bile cannot get from the liver to the stool (poop). Babies with BA usually seem well but they can develop **pale yellow or whitish coloured stools** in the first month of life. Along with the pale poop, these babies can have yellow skin and eyes (jaundice) lasting longer than the first two weeks of life. Without treatment, babies with BA will develop life-threatening liver damage. Treatment is most effective when babies are identified before they are one month old.

#### How can you screen for biliary atresia?

You can screen for BA by comparing your baby's stool (poop) colour to the numbered pictures on the front of this card, for the first month after birth. Screening for abnormal stool colour can help to identify problems with the liver earlier. Keep this card close by when you change your baby's diaper.

### Who do I contact and when?

If at any time during the screening you notice that your baby has an abnormal stool colour (number 1,2,3,4,5, or 6), please contact Newborn Screening Ontario using the information on the front of this card.

Please have available the baby's name, birth date, and health card number. If you also choose to see your doctor, please take this card with you.

#### What happens next?

First, don't be alarmed. This is a screening tool and not a diagnostic test. A clinical team member from Newborn Screening Ontario will return your call by the next business day to discuss your concern and begin next steps. Your privacy and health information is protected. Learn more: www.newbornscreening.on.ca/privacy

If you have concerns about your baby other than stool colour, please contact your health care provider. For more information about biliary atresia, visit our website or scan the QR code on the front of the card.

> Information is available in other languages. / ሓበፊታ ብኽልአ ቋንቋታት አውን ይርከብ እዩ ። www.newbornscreening.on.ca/poopcard

<del>ኣ</del>ቐዲሙ ኽርከብ ኸሎን፤ ኣቐዲሙ ሕክምና ኽጅመር ኸሎ፤ ቢልያሪ ኣሬስያ ዘለዎም ሕጻናት ንቡር ዕቤት ንኺንብሩን ንኺ<del>ን</del>ብዩን ዝሓሽ ኣጋጣሚ ኺረኽቡ ይኽእሱ እዮም።

### ቢልያሪ ኣትረስያ እንታይ እዩ?

ቢልያሪ ኣትረስያ (BA) ካብ ጸላም ከብዲ ናብ ድኳ ኺኣቱ ዘይክእል ሳሕቲ ዜጋተም ግናኸ ኸቢድ ሕማም እዩ። BA ዘለዎም ሕጻናት መብዛሕትኡ ግዜ ደሓን ዝመስሱ እኳ እንተዀኑ ኣብታ ቐዳመይቲ ወርሒ ግን ጨላይ ብጫ ወይ ድመኞ ዝሕብሩ ድኳታት ኪህልዎም ይኽእል እዩ። እዞም ሕጻናት እዚኣቶም ምስቲ ድምኞ ሕንዚዝ ተራይ ዘይኰነስ ካብተን ናይ መጀመርታ ኸልተ ስሙን ንላዕሊ ብጫ ቁርበትን ኣዒንትን (ጀንዲስ) ኪህልዎም ይኸእል እዩ። BA ዘለዎም ሕጻናት ሕክምና እንተ ዘይተባይሩሎም ንህይወቶም ላብ ሓደጋ ዜአቱ <mark></mark>ድድኣት ጳላም ከብዲ ኼሕድሩ እዮም። ሕጻናት ደቂ ሓደ ወርሒ ኞድሚ ምዃኖም እንተተፈሊጡ ሕክምና ኣዝዩ ውጽኢታዊ እዩ ።

## <u>ናይ ቢልያሪ ኣትረዝያ ብኸመይ ክትርይዎ ትኽእሉ?</u>

ናይ ቢልያሪ ኣትረዝያ ንምርኣይ ኣብታ ድሕሪ ሕርሲ ዘላ ቐዳመይቲ ወርሒ፥ ድኳ ሕጻንኩም (ሕቝፌ) ምስቲ ኣብ ቅድሚት እዛ ካርድ እዚኣ ዘሎ ቝጽርታት ዘለዎ ስእልታት ላነጻጽሩ። ዘይል*ሙ*ድ ሕብርታት ድኳ እንተ ድኣ *ው*ርሚሮዥም ጻላም ከብዲ ኣቐዲምኩም ጻ*າ*ማት ከም ዘሎ ንምፍላጥ ከሕግዝ ይኽእል ኢዩ። ዓለባ ውሉድኩም ኽትቅይሩ ከለኹም ነዛ ካርድ እዚኣ ኣጽኒዕኩም ሓዙዋ።

#### <u>ምስ መንን መዓስን እየ ዝራኸብ ?</u>

ኣብ ዝዀነ ይኹን እዋን ውሱድኩም ዘይልሙድ ሕብርታት ድኳ ኸም ዘለዎ (ቍጽሪ ነ,2,3,4,5 ወይ 6) እንተ ኣስተብሂልኩም በጃኹም ነቲ ኣብ ቅድሚት እዛ ካርድ እዚኣ ዘሎ ሓበሬታ ተጠቒምኩም ምስ ናጽላ ስከሪኒንግ ኦንታርዮ ተራኸቡ ።

ስም እቲ ሕጻን ዕለት ልደት ከምኡውን ቀነጽሪ ካርድ ተዕና ኣብ ቀረባ ሓ<mark></mark>ተም። ናብ ሓኪምኩም ኸከትከዱ እንተ *መ*ሪጽኩም በጃዥም ነዛ ካርድ እዚአ ምሳዥም ውሰዱዎ።

#### *ቀ*ጺሉ እንታይ እዩ ዚኸውን ?

<mark>ፌ</mark>ሰማ ኣይትስንብዱ። እዚ ናይ ምር*መራ መ*ሳርሒ ደኣ እምበር ናይ ምር*መራ ፌተ*ና ኣይኰነን። ኣብ ናጽላ ስከሪኒንፃ ኦንታርዮ ዚነብር ኣባል ጕጅለ ሕክምና ኣብ ዚቅጽል መዓልቲ ስራሕ ካባዥም ተመሊሱ ብዛዕባ ሻቅሎትኩም ኺመያየተን ዚቅጽል ስጕምትታት ኪጅምርን እዩ። ናይ ብሕትኻን ናይ ፕዕና ሓበሬታኻን ዕቝባ ይዀነኩም። ዝያዳ ተምሃር: www.newbornscreening.on.ca/privacy

ብዛዕባ ሕጻንኩም ኻብ ሕብሪ ድኳ ሓሊፉ ኻልእ ዜተሓሳስበኩምኩም እንተ ዀይኑ በጃኹም ምስ ኣላዪ ኸንክን ተዕናኹም ተራኸቡ። ብዛዕባ ቢልያሪ ኣሬስያ ዝያዳ ሓበሬታ እንተ ደሊዥም ኣብ ወብ ሳይትና ርአዩ ወይ ከኣ ነቲ ኣብ ቅድሚት እታ ካርድ ዘሎ ኮድ QR ስካን ግበሩሉ።

Health Promotion Administration, Ministry of Health and Welfare, Taiwan, and Professor Mei-Hwei Chang, National Taiwan University, College of Medicine for authorizing the use of stool colour photos. / ሕብራዊ ስአልታት ድኳ, ኸትዋቀሙ ስለ ብዜኞድኩምልና ነመስማከም ። For permission to use any content on this card, please contact NSO. አብዛ ካርድ እዚአ ዘሎ ትሕግቶ ኸትዋቀም ፍቓድ አንተ ደሏኸም በጃኸም ምስ NSO ተራኸቡ

